

## READING

1 Read the text quickly. Who does not mention swimming?

# YOLO!

You only live once (YOLO ☺), and this week we're asking you to tell us about all the things that you really want to do. They must be things you've set your heart on doing. So, what is it you're longing for? A move to the Big Apple or just a new pair of white trainers to doodle all over just because you can? It's your life, your choice!



Melissa, 17

Camping on my favourite beach on the south coast of England with my friends. No parents, no school, no worries, no stress! I'd spend a weekend there swimming, sunbathing, cooking food on a home-made barbeque and singing songs round a fire. Obviously, the weather would have to be good to do this. I'm dying to go but I might have to wait a while ...



Ged, 16

My dream has always been to swim with dolphins. They're my favourite animals and I just love them, so that's definitely at the top of my list. And the best thing is, I'm actually going to do it this summer! I'm already counting the days for it.



Grant, 16

Learning how to use chopsticks. Random, I know but that's what this is all about it, isn't it? I adore Chinese food, but I am so rubbish at eating it with chopsticks. And believe me I've tried - I always end up using a knife and fork ☹. Maybe I'll add going on a trip to China to my list. That way I'd have to learn pretty quickly how to use chopsticks - while eating authentic Chinese food, of course!

2 Read the text quickly. Match the words to the definitions.

- |             |                          |          |                          |
|-------------|--------------------------|----------|--------------------------|
| 1 doodle    | <input type="checkbox"/> | 3 dream  | <input type="checkbox"/> |
| 2 home-made | <input type="checkbox"/> | 4 random | <input type="checkbox"/> |

- A not bought in a shop, made yourself
- B out of the ordinary, peculiar, unexpected (colloquial)
- C draw small pictures or patterns while you are thinking about something else
- D something that you would really like to happen

3 Read the text again and answer the questions.

- 1 What does Melissa really want to do?  
\_\_\_\_\_
- 2 What might be a problem for Melissa?  
\_\_\_\_\_
- 3 Why is swimming with dolphins at the top of Ged's list?  
\_\_\_\_\_
- 4 When is Ged going to go swimming with dolphins?  
\_\_\_\_\_
- 5 What is Grant's problem with Chinese food?  
\_\_\_\_\_
- 6 How does Grant think he'd learn to use chopsticks quickly?  
\_\_\_\_\_

4 Write about what you would include in your YOLO list.

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

WORD ZONE  
EXTRA

### More about expectations

5 Read the text again and complete these expressions for talking about expectations.

- 1 long \_\_\_\_\_
- 2 set your heart \_\_\_\_\_
- 3 count the \_\_\_\_\_
- 4 be dying \_\_\_\_\_

6 Write a sentence with each expression from exercise 5.

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_

## GRAMMAR

## First conditional with different conjunctions &amp; modals

- 1 Complete the blog with the correct form of the verbs and *if, unless* or *when*.

## This week's hot topic: stress!

- <sup>1</sup> *When / Unless* you're a really chilled person, you  
<sup>2</sup> \_\_\_\_\_ (know) what stress is. It affects us all at some point or another ☹️. Your heart beats a little faster, you get a headache and maybe you feel a bit sick. Don't worry, it's all perfectly normal. <sup>3</sup> *If / Unless* you  
<sup>4</sup> \_\_\_\_\_ (follow) this advice, you'll feel a lot better.
- <sup>5</sup> *If / Unless* you recognize the symptoms, you  
<sup>6</sup> \_\_\_\_\_ (not be able) to do anything about it.
  - So, now that you've recognized that you're feeling stressed, take a deep breath and count to ten: <sup>7</sup> *when / unless* you do this, you <sup>8</sup> \_\_\_\_\_ (feel) calmer already.
  - <sup>9</sup> *If / Unless* you <sup>10</sup> \_\_\_\_\_ (slow) down your breathing, you won't be able to think clearly or calm down.
  - <sup>11</sup> *If / Unless* you find it difficult to breathe more slowly, you <sup>12</sup> \_\_\_\_\_ (have to) practise a bit.
- It all takes time, but practice makes perfect. Go on – give it a go!

- 2 Complete the dialogue with the verbs and conjunctions from the box.

as soon as get home not go if print  
 text unless until (x2) want

Eve: Rob, can you remind me when our flight leaves next Saturday?

Rob: Sure. I'll text you <sup>1</sup> \_\_\_\_\_  
<sup>2</sup> \_\_\_\_\_.

Eve: Great, thanks. I won't pack my case <sup>3</sup> \_\_\_\_\_  
 you <sup>4</sup> \_\_\_\_\_ me.

Rob: Okay, sounds like a plan. But you've got all week to pack.

Eve: I know, but I like to be organized. What about the boarding passes?

Rob: Don't worry. We can't <sup>5</sup> \_\_\_\_\_  
 them <sup>6</sup> \_\_\_\_\_ we check in online.

Eve: When do we have to do that? You didn't mention that before.

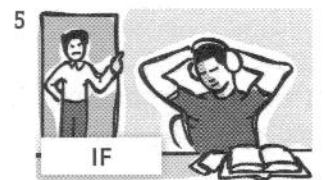
Rob: Well, <sup>7</sup> \_\_\_\_\_ you  
<sup>8</sup> \_\_\_\_\_ to pay another €75, you have to check in 24 hours before the flight. We just have to wait until the day before.

Eve: Okay, okay. I'd better go now.

Rob: Yes, you'd better. <sup>9</sup> \_\_\_\_\_  
 you <sup>10</sup> \_\_\_\_\_ now, you definitely won't be ready by next weekend!

- 3 Look at the pictures. Write first conditional sentences with the prompts in the box.

I / not leave the house / get better  
 my little sister / not eat anything / have / ketchup / on it  
 they / not book a holiday / have / enough money  
 we / start the game / rain / stop  
 you / finish your homework / not go / to the party  
 you / not work harder / not get / good results



- 4 Rewrite the sentences with an appropriate modal or imperative in the second half.

- 1 If I get good exam results, it's possible my parents will buy me a new laptop.  
 \_\_\_\_\_
- 2 If you want to feel less stressed, signing up for lots of activities is not the best idea.  
 \_\_\_\_\_
- 3 If it's nice weather at the weekend, maybe we will be able to go for a bike ride ☺️.  
 \_\_\_\_\_
- 4 If my dad gets the new job, there's a possibility we'll move to Rome ☺️.  
 \_\_\_\_\_
- 5 If you want to study medicine, it's essential that you do well in your Science exams.  
 \_\_\_\_\_